THE SPIRIT OF NANDURBAR:

TRANSFORMING TRIBAL LIVES



Jeevan Vidya Trust

Annual Report 2024-2025



Foreword



"The way we see the world shapes the way we treat it.
If a mountain is a deity, not a pile of ore;
if a river is one of the veins of the land, not potential irrigation water;
if a forest is a sacred grove, not timber;
if other species are biological kin, not resources;
or if the planet is our mother, not an opportunity -- then
we will treat each other with greater respect.
Thus is the challenge, to look at the world from a different perspective." **David Suzuki**

This powerful quote resonates deeply with our vision and our mission here at Jeevan Vidya Trust, Nandurbar.

For too long, rural India has been seen through a lens of dependency and need. We have chosen to see a world of immense potential, a community of resilient individuals, and a landscape rich with resources and talent. By shifting our perspective, we have transformed our approach from simply providing aid to fostering empowerment and sustainable growth.

This report highlights the remarkable outcomes that come from a collaborative spirit and a shared vision. We've worked hand-in-hand with local leaders & community members, treating them not as beneficiaries but as equal partners in development. Our programs in tribal girls education, women's empowerment, sustainable agriculture, ecological concerns are designed to unlock the latent potential within each village.

“The achievements highlighted in this report ranging from tribal girls advancing in education, to women emerging as catalysts of change within their communities, assuming leadership in microfinance, driving the growth of self-help group enterprises, and establishing themselves as entrepreneurs demonstrate a compelling truth:
When we change our perspective, we can change the world.

Thank you for your continued support and for seeing the world with us, a world where rural communities are not just surviving, but thriving.

Sincerely,

Ms Jaqueline Rumao
Director,

GLIMPSE

OF

JEEVAN VIDYA TRUST

REACH

5
Talukas

28
Villages covered



Household Impacted



Children suppported through Non formal Education



People Impacted



Stakeholders Collaboration



Indigenous Medicine Initiative



30

SHGs Formed



627

Women supported through Cooperatives

Introduction

For nearly three decades, Jeevan Vidya Trust has walked hand-in-hand with Adivasi communities in Nandurbar, Maharashtra—listening, learning, and growing together. What began as a small initiative in education has evolved into a broader journey of empowerment, dignity, and hope.

Whether it's through village balbhavan classes, traditional health practices, or women coming together in self-help groups, our work is grounded in one simple belief: everyone deserves the chance to live a healthy, educated, and dignified life. We've seen firsthand how access to learning (SDG 4), good health (SDG 3), and economic opportunity (SDG 1) can transform families and entire communities.

At the heart of it all are the women—Adivasi women who are now leading change, managing community resources, standing up for their rights, and inspiring the next generation (SDG 5). Alongside them, we're also nurturing a deeper respect for nature and building awareness around sustainable living, in the face of growing climate challenges (SDG 13).



Vision

Integrated Development of Adivasis of Nandurbar districts by upholding humandignity & democratic values.

Mission

We strive to promote empowerment of Adivasi Women in Nandurbar district as agents of change through participatory and sustainable village development work, education and alternative health care systems.

Objectives

1. To uphold human dignity, Adivasi identity and environment sustainability.

2. To inculcate democratic values and good leadership practices at all levels especially among women and youth.

3. To promote formal and vocational education through a central Adivasi Girls‟ boarding and Village-based Tutorials.

4. To promote holistic health and livelihood opportunities through alternative health care systems.

5. To create skill development and livelihood opportunities and make people self-reliant.

6. To avail government schemes, education and legal remedies.

7. To collaborate and network with government and non-government sectors.enges (SDG 13).

Our Roots of Impact



Boarding



Herbal Medicine



Community Education Program



Livelihood Initiatives



Women's Empowerment

Boarding for Tribal Girls

“The boarding strives to nurture tribal girls through meaningful engagement and a focus on their all-round development.”





“With every door we reopen, we unlock a world of hope, learning, and opportunity, to empowering tribal girls with knowledge, dignity, and a future full of promise.” About 115 tribal girls joined the boarding on 14th June 2024.

Boarding Admission Commences

Boarding is an important mission in the tribal region as it creates access to formal education to the tribal girls who may otherwise dropout as schools are often up to primary levels and thus hinder the educational opportunities and continued learning of tribal girls. During this academic year 115 tribal girls enrolled themselves for the Boarding. The staff of institute warmly welcomed all the girls in Boarding. The students were given a detailed orientation about the rules and regulations at the beginning of the year.





In collaboration with their parents a daily routine /time table was set for them to ensure that there is a safe and structured environment that supports their education and personal growth. The session also introduced the girls to the values of discipline, responsibility, cooperation and supporting each other and live in harmony.

Parents Meeting



The students along with parents were given a detailed orientation about the rules and regulations at the beginning of the year. The session also introduced the girls to the values of discipline, responsibility, cooperation and supporting each other and live in harmony.

Parents Day Celebration





On 26th Jan, Parent's Day was celebrated with great enthusiasm. The theme of the event was Constitutional Rights, & the guest speaker, Ms. Malti Valvi, delivered an insightful address focusing on the rights to freedom, equality, fraternity, and justice, as well as the importance of education. The Annual Boarding Report was presented through a PowerPoint presentation. All the parents were present for the program. The program concluded with a sumptuous meal enjoyed by all.



MINDFULNESS



WELLNESS

At dawn, the girls begin their daily routine of yoga & meditation. Whispering the name of God, helps set a positive tone for the day, encouraging inner strength and mindfulness. The Daily yoga encourages self-discipline, punctuality, and mindfulness-values that shape responsible individuals. Through yoga, girls develop a positive relationship with their bodies and gain self-confidence in their abilities. It has been our experience that regular practice helps our girls calm their minds, making them more attentive and better learners in the classroom.



Tuition Classes / Online Classes:



Tuition classes for girls in the higher classes have proved to be helpful in increasing their academic scores. It has been noticed that our boarding girls have phobia of maths, English and Science, hence online tutorials and supportive classes have been organized for the girls studying in class Vth to XIIth on a regular basis. Almost 108 girls have benefited through these supportive classes. It has been noted that several girls who although were studying in class three or five did not know to read and write, however with the conducive environment created in the hostel, at the end of the academic year, girls walked with confidence as they mastered reading and writing skill.

ACHIEVEMENTS

"Success is no accident.It is hard work, Perseverance,learning ,studying, sacrifice and most of all love of what you are doing."– Pelé

We were delighted to receive the good news that besides the 100% SSC result of the school where our girls pursue education. Five of our boarding girls were toppers in school and were felicitated for their achievement.

• Academic Achievement reflects the diligence and skill to perform the best of one's ability. The hard work and determination of our girls in the board examination brought excellent results to our boarding with cent percent pass, three of our 10th class students stood 1st, 3rd and 4th in the school. The table below will explain how many students appeared for std. 10 & 12 and what their result was.

Obtained Grade	No. of students of 12
Distinction	5
1st Class	3
Total	8

Obtained Grade	No. of students Std. 10
Merit	3
Distinction	10
Total	13

Last year we had 13 girls appeared for the Xth examination and all of them passed with above 70%. Ms. Jagruti Padvi stood first with 92% marks, Ms.Varshsa Valvi stood 4th with 91% marks and Ms. Laxmi Vasave stood 5th with 90% marks in the school.



We also had 8 girls who appeared for 12th std examination Science stream. 5 of them passed with distinction and 3 of them got 1st Class. From them Ms. Vaishnavi got highest marks 78%. We honored the girls and their parents with sapling each and a note book and a pen to their daughters along with scholarship of Rs.2000/- Rs.1500/- and Rs1000/-.

writing Competitive Exams & Career Guidance

Two days' workshop on importance of writing competitive exams was oganized. Altogether 108 girls attended this training. Input was provided on preparation for such exams and the specific documents required to be submitted while filling the forms. Additional guidance was provided about the new courses that need to be explored while making a career choice. Certificate were distributed on 20th October 2024 at Jeevan Vidya boarding at 11.30am. Mrs. Hansa and the officer Mrs. Nikita Goyal from Bahuudeshya Sansta were present for the program.



Session on Child Rights

A session on "Rights of Children" was conducted by Ms. Regina Menezes. The resource person presented the context of child abuse which has been growing at an alarming rate. She emphasized on self-protection, good touch and bad touch and the need to be alert and attentive to the happenings around. The girls took keen interest in the session by asking questions and sharing their experiences especially of good touch and bad touch. They were happy with the information received and became aware of their Rights as children. 108 girls participated in the session.

Session on POCSO Act 2012

A session on child sexual abuse and POCSO Act was organized for the boarding girls at Jeevan Vidya Trust, Nandurbar, on 2nd October 2024. Ms Regina Menezes clarified the concepts such as who is child? What is sexual abuse? How to identify abusive situations? How to ask for help? How one can prevent sexual abuse? Almost 108 girls actively participated in the session. Ms Regina used creative methods like video clippings, News cutting, etc. to convey the message. It was a very interactive session. The Girls received the information positively and were encouraged to report abuse of any type to the people in authority. The girls seemedconfident in using this information in their daily lives.





PEER LEADERSHIP AND MENTORSHIP

Boarding beyond Books

Girls Who Lead: A deliberate effort has been made to introduce the girl to introduce to leadership roles within the boarding premises. The girls have been assigned designation as Sarpanch, Upsarpanch, Shikshan Mantri, Bhojanmantri, Sanskruti Mantri,Parryaveran Mantri, Veej Mantri, Arogya Mantri, Swchta Mantri, Pani Mantri, Prathna Mantri and Krida Mantri.

All these designations come along with the responsibilities in the specific domain. Boarding girls meeting was held on 6th July 2024 at 5.00pm, during this meeting children's parliament election was held. This initiative is a small step to introduce to leadership roles, enable girls to take proactive decisions that creates a positive wellbeing in collaboration with the Boarding warden as a mentor. The committees meet regularly to give an update about the situation and discuss what changes are essential to make this a place a home of peace and harmony. This initiative has enhanced the self-confidence of the girls and also improved their skills oflistening and sharing ones viewpoint without hurting.

Wheels of Empowerment

Bicycle riding may sound a very insignificant skill,yetfor women in remote rural areas, where public transport or other means of transport is scarce, riding a bicycle become a tool offering freedom, mobility and independence. It allows them to travel to schools, health centers, & other essential places safely and quickly, overcoming long distances that often hinder their opportunities. With a bicycle, girls can break free from traditional



limitations, attend school regularly, reduce dropouts, and gain a sense of confidence and self-reliance. Paving the way for a brighter and more equal future.





In our boarding it is an unwritten norm that each girl should learn cycling. The older girls take the responsibility of training the younger ones in cycling.

Books, skills, dreams take flight

Along with knowledge, other life skills are essential for a person to be truly empowered. In our boarding the girls are given an orientation and hands-on experience to the trade-based skills of cooking, Plumbing, Handling home appliances, Kitchen gardening,making eco-friendly posters and paper bags, preparing herbal medicines for minor illnesses and disbursing herbal medicine to the girls in the boarding









CULTURALLY ROOTED ACTIVITIES

World Indigenous People Day was celebrated

11 Aug 2024. The day commenced with singing and dancing to the drums of traditional instruments used by the tribal communities residing in Nandurbar region. Celebrating Indigenous Peoples Day is important as it honors the rich cultures, traditions, and contributions of Indigenous communities. It also promotes respect, awareness, and recognition of their rights, history, and their ongoing struggles for justice and equality. The parents took the entire responsibility from planning to implementation of the programme. The day was marked by planting a tree by our honorable MP, Mr. Goval Padvi and a rally from entrance gate to the hall of the Jeevan Vidya Campus.



Independence Day Celebration

On 15th August 2024 we had Independence Day celebration at Jeevan Vidya with our boarding girls and staff. We had flag hoisting and singing patriotic songs. Ms. Regina Menezes was the chief guest for the program. She spoke on the judicious use of freedom in one's life. She emphasized that as students we must exercise our freedom responsibly She recommended girls to take personal responsibility, respect one another and follow democratic values within the boarding and at school. On this occasion two of our girls studying in standard 11th also shared their views on the value of freedom.




Gandhi Jayanti Celebration

On 2nd October 2024, we had a unique celebration to mark Gandhi Jayanti.Mahatma Gandhi promoted values of Nonviolence, Simplicity, Peace, Cleanliness and Sarvodaya.





At our boarding we began the day with a cleanliness drive of the campus and the vicinity around us, thus setting an example to the passer by. Almost 112 girls participated in the event. The evening was mesmerizing with singing competition of patriotic songs. The girls were divided into 6 groups. Ms. Jacqueline, Ms. Rosemary and Ms. Kiran were the judges, and they did an excellent job. The judges appreciated all the groups for their excellent performance and good teamwork.

Eco-friendly Diwali Celebration: On 24th Oct 2024, we had twin celebration of the festival of Diwali cum Rangoli competition. "ECO FRIENDLY RANGOLI" was done on the theme of "Pollution and Save Water". The girls were instructed to use only natural colors or things for rangoli and give the message according to the theme. The girls were divided into six groups. This competition helped them to bring out their hidden talents and use their creativity. It also imparted to them the values of taking care of mother earth, water and protect and preserve them. The guest from France and Fr. Godfrey were present for this competition and they played a role as judges and gave a message on the theme. The girls welcomed them with adivasi dance.



Home Visit

During the academic year, the hostel team visited the families of the boarding girls. The purpose of the visit wasto build rapport, understand the family situation and understand the background of the family, which helped us to deal with them gently and cautiously.



Session on Menstrual Hygiene

Tribal communitieshold unique cultural beliefs and practices surrounding menstruation. A Session on health and hygiene was taken by Ms. Regina on 31st March 2025 to discuss the Do's and Dont's of Menstruation hygiene. The girls were given inputs about the importance of Menstruation in a woman's life as well as how to maintain hygiene during this crucial period. The session was an eye- opener and helped girls to understand the health related issues and how to overcome them. It brought awareness among them about the Physical, and emotional changes that take place as they grow.

Celebrating Christmas

On 15 December we celebrated Christmas at Jan Seva Mandal Hostel. The boys and girls of both the hostel had a cultural program followed by a festive lunch. Each child received a gift consisting of snacks, Christmas goodies, set of stationary, blanket, bath towel, and soap.



Green and Clean Campus

Everyday the girls are assigned an hour to be with nature. This hour includes engaging in watering the plants, cleaning the garden, taking out the weeds, cultivating veggies and managing the vermicomposting process. in recent times we've observed that younger girls spend their time in preparing clay toys, houses, animals etc. It thus contributes to their positive mental health.



Sports Day

On 14 Jan 2025, we had organized a Sport's day event for the girls of our boarding. This year we tried to play indigenous games. The girls were thrilled and filled with joy as they actively participated and enjoyed the day.









Picnic at Shirpur

Picnic is an event which each one looks forward to unwind themselves. This year we took our girls to Shirpur Garden on 23rd March for picnic. About 88 girls participated in the picnic and contributed Rs 500 towards travel fare. Two buses were hired to ensure that the girls have a safe and comfortable journey to and fro. We visited the Shirpur garden and also visited Vishwa mandal organization and Anand Sadan girls boarding which works for the empowerment of tribals in the Shirpur Area. We had interaction with the staff and boarding children of the institute and then proceeded to an airport. The girls were extremely happy, in fact a few of them mentioned that for the first time in their life, they traveled so far.









Farewell to the students of STD X & XII

The hostel team organised farewell party to the students of SSC and HSC. The girls received opportunity to recall their experience of entering into the boarding and the change that has taken place over the years. The girls expressed their gratitude towards the staff and the institution. Each of them was gifted T-shirts as remembrance.



Crash Course in Spoken English & Basic Computer

An experiment of organizing an English language lab crash course in Spoken English & basic computer is found beneficial for the girls pursuing SSC and HSC. The course has been introduced since the past two years especially during the summer break. This initiative gave confidence to the girls to converse in English. Sixty girls benefitted from this intervention.



Challenges we've overcome:

- Effectively managing thegirls' behavior. Supporting a smooth
- transition from home life to boarding school. Encouraging
- emotional adjustment and promoting inner balance. Providing
- personalized attention to accommodate diverse backgrounds.
- Guiding the girls in resolving interpersonal conflicts.

Community Education Programme (CEP)

Community education programmes wereheld in 10villages (Paula,waghshepa, Shirwade, Fulsare, Khatawad, Kothda, Girajgaon, Khairale, Sundarde and Nandpur) which catered to 258 tribal children in which 117 boys and 141 girls benefited from the classes. Classes were run with the aim of helping to strengthen the educational foundation of Tribal children of Nandubar Taluka. During this entire process of education all the partners (children, teachers, parents and Jeevan Vidya Trust) were expected to play their crucial role in making the entire process of educational journey a successful one. The centers who had good participation of Parents and children during the year did very well during the year.

These were some activities:

For Teachers:

Teachers Training: To help teacher in strengthening their teaching capabilities.

Personality Development Session: To gain self confidence in their dealing with subjects, parents and children.

Cupping Therapy session: To add skills in health.

For Children:

Parents Meeting. Indigenous Day Celebration, Independence Day.

Constitution day Celebration,Children`s picnic. Monthly evaluation of children`s progress was monitored through regular visit to the classes and supervision.

Yearly exam.

Outcome

- It has helped to improve the quality of education. The children go to school regularly and are able to read and write.
- The trainings held for the staff helped them to be more confident in conducting classes and organising meetings in the villages.
- Collaborating with like-minded NGOs has boosted our aim of making better future of the children.

Limitations Experienced

- Lack of Cooperation from some parents.
- Seasonal Village Functions like village fair (Jatra), Gav Diwali etc, affects the attendance of children.
- Seasonal migration of Parent's affects the attendance of the class.













Glimpse



WOMEN'S DEVELOPMENT PROGRAM

Self-Help Groups and Livelihood Activities

During the reporting year, Self-Help Groups (SHGs) of women in the villages were closely monitored and supported. These groups continue to function effectively due to the confidence and trust built among members, their commitment to regular meetings, and systematic record-keeping.

Performance of SHGs

- **Number of Groups**: 30 SHGs are managing their accounts independently and conducting regular meetings.
- **Savings and Contributions**: Member contributions have steadily increased from ₹5 to ₹1000/- At present, the total savings of the group s is **₹45, 00,000 (Forty-five lakhs)**.

Loans: Group members have availed loans amounting to **₹42, 00,000 (Forty-two lakhs)**.

- **Impact**: The financial system built by the SHGs enables women to meet agricultural expenses, start small businesses such as dairy farming, goat rearing, provision shops, cloth shops, and vegetable vending. Their savings also strengthen their capacity to avail larger loans from banks during times of need, thereb yincreasing confidence in their financial system.

Regular monthly visits, meetings, and discussions on loans, interest, and savings help the women maintain discipline in financial dealings and record -keeping. Additionally, SHG members are informed about government schemes and guided in availing them.








SAHAS Adivasi Mahila Credit Cooperative Society SHGs have now been federated into the **SAHAS Adivasi Mahila Credit Cooperative Society**, which currently has **627 members**. Out of these, 154 members have benefitted from loans amounting to **₹16, 43,750 (Sixteen lakhs forty three thousand seven hundred fifty)** for income generation activities such as goat rearing, dairy farming, Xerox machine, running provision shops and vegetable cultivation. The women have developed the habit of saving and utilizing funds effectively, and the growing membership reflects their trust in the cooperative system. The total turnover is Rs. 2691586 /- (Twenty six lakhs lakhs ninety one thousand five hundred eighty six only) .





Individual Provision and Vegetable Shops:

Several women have initiated small businesses such as vegetable vending, provision shops, Xerox machine and ready-made garment outlets. These ventures have enabled women to earn supplementary income, and more members are now coming forward to start similar enterprises.







Goat Rearing Project

Around 50-55 women are engaged in goat rearing, collectively managing nearly **100 goats**. In some cases, women take care of goats belonging to others at the rate of ₹200 per goat per month. Goats generally reproduce twice a year, with 2–3 kids at a time, making this a promising livelihood option, though animal health issues remain a challenge.





Dairy Farming

In seven villages, 40 women have purchased 65 cows and 5 buffaloes under a government scheme(with 60% subsidy) and started dairy projects. These initiatives provide women with regular income and contribute to nutritional security in their households.



Outcome

The SHGs and their federated cooperative society have emerged as strong pillars of women's empowerment and rural development. Women are able to build a system that builds up financial support, which helps them to meet their financial needs for their agricultural work and to meet their daily needs. Increased confidence in undertaking different livelihood activities. Their savings, systematic financial management, and adoption of diversified livelihood activities such as kitchen gardening, goat rearing, and dairy farming are creating sustainable economic opportunities and enhancing self-reliance among rural women. The women contribute and come forward to organize women's day program as well as the other activities in their own villages.

Challenges

Lack of responsible and competent Staff.

.Sickness and death of goats discourages women.

·Lengthy procedures to succeed in any government schemes.

- Lack of motivation among the young people for the change.
- The SHG groups are pulled by the CRPs of UMED some of the groups are not regular for saving and repayment of loan.

International Women's Day Celebration

- International Women's Day Celebration was held on 9 March 2025 in Jeevan Vidya, Nandurbar. The event saw participation from **350 women** under the theme: **"Rights, Equality, and Empowerment."** The celebration included: Contributions by women for event organization,Felicitation of long-standing SHG members (25+ years),Motivational session by activist Ms. Malti Valvi, Personal stories of transformation shared enthusiastically, Media coverage and a YouTube video served as documentation









Case Studies

A Story of Resilience & Empowerment through SHG

Jemibai Rohidas Naik, a 46-year-old resident of Zaripada village, is a shining example of how self-help groups (SHGs) can transform lives. Jemibai lives in a joint family of eight members, including her husband, four children, daughter-in-law, and two grandchildren. Her family does not own agricultural land, and her husband, son, and daughter-in-law work as daily wage laborers to make ends meet.



Journey with the Self-Help Group: Jemibai is an active member of the Santoshimata Self-Help Group. With the support of the SHG, she ventured into goat rearing by purchasing four goats. Over time, her hard work and dedication helped her grow her small-scale business, and she now owns 10 goats. She describes goat rearing as her "ATM" – a reliable source of emergency funds, as she can sell a goat when the family needs money.

Challenges Faced: Like many small-scale livestock rearers, Jemibai also faces challenges. One of the biggest setbacks is when goats fall sick or dies suddenly, affecting both her income and morale. However, she remains undeterred. Her long association with the SHG gives her the emotional and financial support to bounce back from such difficulties.

Savings and Financial Discipline: Jemibai saves ₹200 every month with her SHG. Over time, she has accumulated total savings of ₹27,000. This saving not only acts as a financial cushion but also reflects her discipline and commitment to long-term stability.

Personal Outlook: Despite the hardships, Jemibai is known in her community as a cheerful and happy-go-lucky woman. Her positive attitude and resilience continue to inspire other women in her village to become self-reliant and take charge of their financial well-being.

Conclusion: Jemibai's story illustrates the power of collective strength and self-reliance through SHGs. Her determination and optimism, combined with the support of her group, have turned her into a successful micro-entrepreneur and a role model for many.

A Model of Incremental Approach, Determination & Self-Reliance



Babita Vishwas Padvi, aged 48 years lives in a joint family of 7 members, including her husband, four children, and daughter-in-law.

Background and Challenges: Babita Vishwas Padvi, a resident of Kothda village, is an exemplary figure among rural women who have transformed their lives through active participation in self-help groups. Despite economic limitations and social challenges, including a lack of support from her alcoholic husband, Babita has taken the lead in providing for her family and ensuring financial stability.

Initiatives and Livelihood Activities :With limited agricultural land at her disposal, Babita realized that she needed to diversify her sources of income. Leveraging the support and confidence gained through her SHG, she ventured into multiple income-generating activities:

- **Vegetable and Fruit Vending:** Every morning at 4 a.m, Babita travels with her husband to the wholesale market in Nandurbar to purchase fresh vegetables and fruits. They sell the produce both in their village and in neighboring communities, ensuring a steady cash flow throughout the week.

- **Small-Scale Farming**: On her small plot of land, Babita cultivates seasonal vegetables, which supplement her vending business and provide food security for her family.

- **Animal Husbandry:** With profits from her business, Babita purchased one cow and one goat. Over time, this has grown to two animals, contributing to household income through milk and other products.

Impact and Achievements

- **Economic Empowerment:** Babita's multi-pronged approach to livelihood has led to a steady and reliable income for her family.
- **Social Empowerment:** Despite her husband's drinking habits and lack of responsibility, Babita has taken charge as the primary breadwinner and decision-maker in the household.
- **Community Role Model**: Her determination, work ethic, and use of SHG resources have made her a role model for other women in her village and beyond.

Conclusion: Babita Vishwas Padvi's journey is a powerful example of how self-help groups can empower rural women to become self-reliant and resilient. Her ability to overcome personal and economic hardships through hard work and innovation serves as an inspiration for community development initiatives aimed at women's empowerment.

Personality Development Workshop for the Staff

To promote personal and professional growth among our staff, a dedicated personality development session was organized. The session was led by Fr. Abhay, who focused on enhancing self-awareness, communication skills, leadership qualities, and team dynamics. The interactive format and practical insights provided during the session were well received by all participants, contributing to a more positive and cohesive working environment.





Health Awareness and Herbal Medicine

Educational Sessions on the Reproductive System

Educational sessions on the human reproductive system were organized to promote health awareness among adolescents. These sessions were conducted in three Ashram Schools in Dhadgaon Taluka and also with the boarding students in Jeevanvidya Nandurbar. The objective was to provide scientifically accurate information about reproductive health, hygiene, and body awareness. The initiative aimed at building confidence among young girls and encouraging open discussions on topics often considered taboo.





The herbal garden at the center was nurtured, and herbal saplings (10 types) were prepared and distributed to new health workers. Some plants were replaced for the older health workers.





Monthly Training Sessions for Health workers

Training was held every month at the centre on common illnesses such as Cold and cough, viral fever, Jaundice and diarrhea, Importance of a nutritious diet, hand washing, cleanliness, and hygiene for healthy living. Information given on medicinal use of herbal plants and encouraged them to make use of herbal remedies in their respective villages.





One-Day Training on Alternative Therapy

A **one-day training program** on alternative therapies was conducted for healthworkers and staff members. The session was facilitated by **Dr. Reys**, an expert in holistic health approaches. The training included practical demonstrations and theoretical knowledge on the use of non-conventional treatments such as herbal remedies, acupressure, cupping, scraping and salt therapy to improve community health outcomes. This session was particularly beneficial for health workers who serve in remote tribal areas with limited access to mainstream healthcare facilities.

Health awareness programmes in Villages

Village meetings were conducted every month and inputs were given on health and hygiene and common illnesses such as Cold and cough, Viral fever, Jaundice and diarrhea, importance of a nutritious diet, hand washing, cleanliness, and hygiene for healthy living. Each health worker was provided herbal medicine kit with herbal remedies, which was disseminated to around 1120 people in the villages. It was observed that many of them believe and use the Herbal Remedies for common illness, as it is easily available at their door. They have understood the value of it and found it effective.



Tribal Health Awareness Program & Exhibition

Participation in Adivasi EktaSammelan –Pankheda,Dhule District

A group of 35 women and some staff members actively participated in the Adivasi Ekta Sammelan held at Pankheda in Dhule District. The event focused on unity, empowerment, and the cultural identity of tribal communities. As part of the event, a herbal medicine stall was set up by our team, showcasing indigenous knowledge and remedies used in traditional healing. This not only promoted awareness about herbal medicine but also highlighted the importance of preserving and promoting tribal heritage.







NETWORKING WITH LIKEMINDED NGOs

Networking with likeminded NGOs has helped us to raise awareness on social issues among the people.

Participatory Rural Appraisal (PRA) – Zaripada Village

A Participatory Rural Appraisal (PRA) was conducted in Zaripada village by the MSW students of the Tribal Academy, Nandurbar. The objective of the exercise was to gain a comprehensive understanding of the village setup, identify the available resources, and study the agricultural practices.





The process included:

Social Mapping – to understand the demographic structure and settlement patterns. **Seasonal Mapping** – to analyze seasonal activities, agricultural cycles, and livelihood variations.**Resource Mapping** – to document the natural and man- made resources available in the village. This PRA exercise provided valuable insights into the socio-economic conditions, resource base, and cultivation practices of Zaripada village.









Exposure Visit to Jain Irrigation Systems, Jalgaon

An exposure visit to Jain Irrigation Center in Jalgaon was organized for women beneficiaries and accompanying staff. A total of 15 women and several staff members participated in the visit. The objective was to familiarize participants with innovative agricultural practices, water conservation technologies, and opportunities for income generation through micro-irrigation systems. This visit proved to be an eye-opener for rural women, inspiring them to adopt sustainable farming practices in their communities.



District Livelihood Centre Orientation

A session facilitated by a **government resource person** introduced participants to available livelihood schemes. This included:

- A factory visit to explore employment opportunities
- Distribution of ₹1,000 startup funds to **40 individuals** to begin small enterprises
- Promotion of food processing as a viable livelihood activity





Future Planning

- Boarding for girls, Community Education Programme.
- Self Help Groups of women and Farmers groups.
- Health awareness & processing herbal medicine.
- Kitchen garden, organic farming, income generation programme. Promoting tree plantation & vermi compost
- Livelihood activities – Individual provision shops, fruit tree plantation, goat rearing, goat rearing & dairy farming etc.
- Capacity building trainings for the staff.
- Implementation of government schemes. e.g. solar panel, senior citizen, widow pension scheme etc.
- Development of leadership at the grassroots level through skilled education, training and exposure.
- Generation of employment through vocational training.
- Issuing license for herbal medicines.
- Networking with government and non-government agencies,SALOKHA Committee, Janseva mandal, Janarth, Atma organisation, Adivasi Prakalp, Bank of Baroda.

:

Appreciation

With grateful heart we express our gratitude to Ms. Philomena Sequeira the president of Jeevan Vidya Trust.

Special thanks to ASHA for EDUCATION & ADA for the financial

support.

Thanks to all the individual donors, and supporters who have contributed towards the tribal development programme and activities of JVT.

We are sincerely grateful to the Staff of JVT - Ms. Manda, Ms. Pushpa, Ms. kiran,Mrs. Alka, Mrs. Bharti, , Mr. Uttam Mr. Vipul and Mr. Azhar,

Ms. Regina, Ms. Neela, Ms. RoseMary & Ms. Jacqueline

